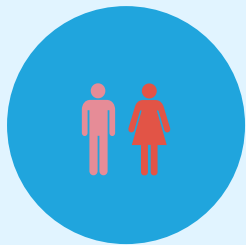


WHY YOU MIGHT NEED SKIN CANCER SCREENING

SCREENING IS NEEDED FOR PATIENTS WHO:



Family history of melanoma in 2+ blood relatives



The presence of multiple atypical moles



The presence of precancerous lesions*

*Precancerous lesions, known as actinic keratosis, are grey to pink colored scaly patches of skin on sun-exposed areas of the body

Periodic skin examinations are the key to diagnosis of skin cancer at its earliest stage, when it is most easily cured.



According to the World Health Organization, between 2 and 3 million non-melanoma and 132,000 melanoma skin cancers occur globally each year.

PREVENTATIVE MEASURES

- **Limit sun exposure**, stay in shade (especially between 10am and 4pm)
- **Wear sunscreen** (UVA/UVB, SPF 15+) even in cloudy or cold conditions
- **Wear dark-colored**, tightly woven clothes (some provide UV protection)
- **Avoid tanning beds**
- Do a head to toe **skin self-examination** monthly

MONTHLY SELF-SCREENING MOLE WARNING SIGNS

A	B	C	D	E
ASYMMETRY	BORDER	COLOR	DIAMETER	EVOLUTION
One half does not match the other half	Uneven borders	Variety of colors like brown, tan, or black	Grows larger than the size of a pencil eraser (1/4 inch)	Change in size, shape, color, elevation, another trait, or new symptom



Your health is important and should be controlled. Talk with a healthcare provider today about getting screened for skin cancer.



THE BEST WAY TO BEAT SKIN CANCER IS TO KNOW THE WARNING SIGNS AND ACT FAST IF YOU SEE THEM.



Pharmacy students from NCODA's Professional Student Organization (PSO) chapters at the following colleges assisted in assembling this cancer screening resource:

1. Massachusetts College of Pharmacy
2. The University of New Mexico
3. The University of Rhode Island
4. The University of Toledo

WHY YOU MIGHT NEED SKIN CANCER SCREENING

COMMON RISK FACTORS



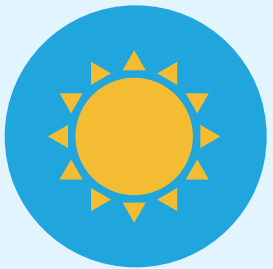
SKIN TYPE

Lighter skin individuals as well as those with a large number of moles



OLDER AGE

Likely due to accumulated exposure to UV radiation, but still effects any age



EXPOSURE

Exposure to UV radiation, including sun exposure and indoor tanning beds



MEDICAL HISTORY

Family history of cancer, use of immunosuppressant therapy, and immunodeficiency disorders

REFERENCES

www.skincancer.org

www.who.int

www.cancer.gov

www.cdc.gov

