Elisabeth Kubler-Ross - Publications

- On Death & Dying – 1969
- Questions & Answers on Death & Dying - 1972
- Death, the Final Stage of Growth - 1974
- To Live Until We Say Goodbye – 1978
- The Dougy Letter – A Letter to a Dying Child – 1979
- Living with Death & Dying - 1981
- On Children & Death – 1985
- On Life After Death - 1991
- The Wheel of Life: A memoir on Living & Dying - 1997
- Life Lessons (w/David Kessler)- 2001
- On Grief & Grieving (w/David Kessler)– 2005
The Last Dance

• First published 1983, now on 11th edition (2020)
• Authors: DeSpelder & Strickland
  • Won 2003 Death Education Award from Association of Death Education & Counseling (ADEC)
• Comprehensive, up to date introduction to the scientific study of death & dying
• Chapters include discussions on:
  • Attitudes & perspectives toward death & dying
  • End-of-Life Issues and Decisions
  • Death by demographic (Children/Adolescents vs Adults)
  • Suicide, Traumatic death
  • Survivorship
  • Beyond Death & After Life
Books Written by Medical Providers

- **Being Mortal** – Atul Gawande
  - Written by a surgeon
  - Details the struggles of the profession, including limits & failures
  - Ultimate goal: not a good death, but a good life

- **When Breath Becomes Air** – Paul Kalanithi
  - Surgeon diagnosed with Stage IV Lung Cancer at 36 yo
  - Details his journey from medical student to cancer patient
  - Focuses on the challenge of facing death and the provider/pt relationship
Sherwin Nuland – Physician/Philosopher

• American surgeon & writer teaching bioethics at Yale
• How We Die
  • Discusses what facing death is really like via patient cases
  • Harsh wake up call about focusing too much on the answer
  • Afterword examines healthcare and our relationship with life as we approach the end
• How We Live
  • Focus on the resiliency of life through cases of survival
  • Blend of real medical cases & philosophical musings
The Last Lecture

• 2008 NY Times Best Seller
  • Randy Pausch – professor at Carnegie Mellon who died of Pancreatic Cancer
  • Talks about his “Last Lecture” he presented at CMU on 9/18/2007
• Talked about things he wanted his children to learn about his life
• Focus on how he is outwardly healthy despite his terminal illness
• Discussed what it was like being a patient dying of cancer & preparing for his death
Mitch Albom

- Originally a sports writer who converted to writing inspirational stories
  - New York Times Best Seller in 1998 (remaining there for 205 weeks)
  - One of the top selling memoirs of all time
- Started line of inspirational books that discuss death, the afterlife and living without regret
  - *The Five People You Meet in Heaven* – 2003
  - *For One More Day* – 2006
  - *Have a Little Faith* – 2009
  - *The Time Keeper* – 2012
  - *The First Phone Call from Heaven* – 2013
  - *The Next Person You Meet in Heaven* - 2018