

# Managing Oral Chemo Compliance

## What is compliance?

Compliance in general, often relates to following rules and/or laws put into place

## What is oral chemo compliance?

Oral chemo compliance refers to patients and how they follow their regimen and directions for taking their medication



## Create an Oral Compliance Plan

- Calling new starts 7-10 days after starting medication
- 1 month follow up phone calls for routine chemotherapy medications
- 3-6 month follow up phone calls for AI therapies
- check for routine bloodwork/labs when applicable
- discuss what would be best for your practice

## DEVELOP A COMPLIANCE TEAM

**Doctors-** initially prescribing oral medications and following up with patients during appointments to see how they tolerate treatment

**Nurses-** inputting oral regimens into electronic charts and asking patients about their oral medications when being seen for IV treatment (if applicable)

**PA's/Pharmacists-** implementing "oral chemo teaches" when patients are first prescribed medication

**Pharmacy technicians-** following up with patients, sending refills, communicating with the rest of the team to produce the upmost care



## Medically Integrated Practices/ In Office Dispensaries

Keep track of patient pick up dates along with days' supply to help ensure when a patient will need a refill

Automatic refill lists are helpful

Always go through Rx's over a week old and remind patients that they are ready for pick up. Ask questions like, "do you still have medication on hand?"

Make sure patients are aware of the hours of operation!

## Specialty Pharmacies

When dispensing to a specialty pharmacy, it's important to set up account/online services

You can check on dispensing dates, delivery dates, and more

Communicate with the patient and let them know where their medication is coming from

## Local Pharmacies

Most local pharmacies can fill AI therapies

Make sure patients know where their medication goes

Keep track of refills and make sure patients also stay compliant with having annual follow up visits