

# Bispecific T-Cell Engagers (e.g., *BiTEs*™) : An Emerging Strategy for Immunotherapy

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## Background

Since Rituximab's approval in the late 1990s for B-cell Non-Hodgkin lymphoma (NHL), immunotherapy has advanced, leading to innovations like bispecific T-cell engagers (*BiTEs*). *BiTEs* use an innovative approach by simultaneously engaging both cytotoxic T-cells and tumor cells, enhancing the T-cell attack and increasing its potency.

## Clinical Significance

- Selective targeting tumor-associated antigens (TAA) by Major Histocompatibility Complex (MHC) independent mechanism
- T-cell activation produced by binding to the constant part of the T-cell receptor (TCR) complex
- Off-shelf rapid therapy

## Mechanism of Action

*BiTE* consists of two-single chain variable fragments (scFv) from monoclonal antibodies. One scFv binds to the TAA on the cancer cell, while the other binds to a CD3, a TCR on the surface of the T-cell. The T-cell becomes activated once it engages with the tumor cell triggering malignant cell lysis. Additionally, co-stimulatory agents are not required therefore, the *BiTE* molecules can engage any T-cell.

## Clinical Applications

- Hematologic Malignancies:
  - Blinatumomab (Blinicyto) was the first approved *BiTE* by the FDA.
  - Glofitamab (Columvi)
  - Epcoritamab (Epkinly)
  - Mosunetuzumab (Lunsumio)
  - Teclistamab (Tecvayli)
  - Talquetamab (Talvey)
  - Elranatamab (Elrexio)
- Solid Tumors:
  - Tarlatamab (Imdelltra)
  - Tebentafusp (Kimmtrak)- considered a bispecific molecule, not a bispecific antibody.
- Combination Therapies in development:
  - *BiTEs* + Checkpoint inhibitors (PD-1/PD-L1)
  - *BiTEs* + Other Cancer Therapies

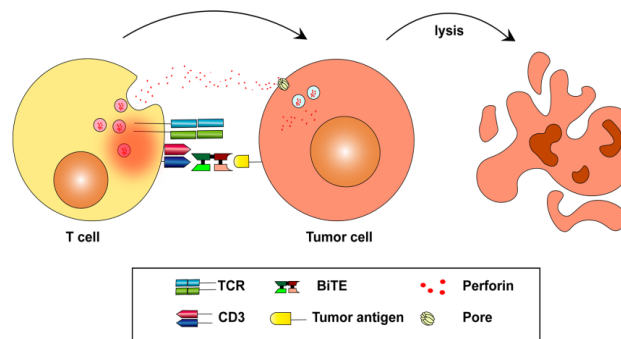


Fig 1. *BiTEs* mechanism of action leading to cell lysis.

## Challenges

- Cytokine release syndrome (CRS): results from T-cell activation and cytokine release, causing fever, hypotension, and organ dysfunction.
- Immune effector-associated neurotoxicity syndrome (ICANS): is thought to occur when activated T-cells interact with the blood-brain barrier, causing inflammation and resulting in neurological symptoms, ranging from mild confusion to severe encephalopathy.
- Immune escape: can occur through an immunosuppressive tumor microenvironment (TME) that inhibits TAA-specific T-cells or by losing target antigen expression.
- Short half-life: 2-4 hours requires continuous dosing or modifications to maintain effectiveness.

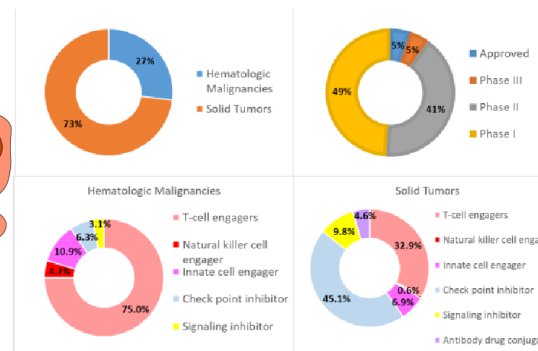


Fig 2. Bispecific antibodies on clinical development.

## Summary

*BiTEs* engage both T-cells and tumor cells, offering off-the-shelf availability and broader therapeutic applications. They have shown potency in hematologic cancers, and ongoing efforts aim to optimize them for solid tumors, with potential for combination therapies to prevent T-cell exhaustion and reduce toxicities.

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## Disclosure

The author has no financial interests or relationships to disclose. *BiTEs*™ is trademarked by Amgen.

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