

# Zanidatamab

**Care Team Contact Information:** \_\_\_\_\_

**Pharmacy Contact Information:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_

- This treatment is often used for biliary tract cancer, but it may also be used for other reasons.
- Your care team will perform a test for human epidermal growth factor receptor 2 (HER2) to make sure treatment is right for you.

**Goal of Treatment:** \_\_\_\_\_

- Treatment may continue for a certain time period, until it no longer works, or until side effects are no longer controlled.

## Treatment Regimen

Treatment Name	How the Treatment Works	How the Treatment is Given
Zanidatamab (ZAN-ih-DA-tuh-mab): Ziihera (zy-HAY-ruh)	Slows down or stops the growth of cancer cells by blocking specific proteins that help them survive.	Infusion given into a vein.

**Treatment Administration and Schedule:** Treatment is typically repeated every 2 weeks. This length of time is called a “cycle”.

- Zanidatamab is infused over 120 to 150 minutes for your first and second infusions.
- If you tolerate the first and second infusions well, your third and fourth infusions may be given to you over 90 minutes.
- Each additional infusion may be given to you over 60 minutes.

Treatment Name	Cycle 1								Next Cycle
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	...	Day 14	Day 1
Zanidatamab	✓								✓

**Appointments:** Appointments may include regular check-ups with your care team, treatment appointments, lab visits, and imaging tests. It's important to keep your appointments whenever you can. If you miss any appointments, call your care provider as soon as possible to reschedule your appointment.

## Supportive Care to Prevent and Treat Side Effects

Description	Supportive Care Given at the Clinic or Hospital	Supportive Care Taken at Home
To help prevent infusion-related reactions		
Other		

## Common Side Effects

Side Effect	Important Information
Low Red Blood Cell (RBC) Count and Hemoglobin (Hgb)	<p>Description: RBCs and Hgb help bring oxygen to your body's tissues and take away carbon dioxide. If you have low RBC counts or Hgb, you may feel weak, tired, or look pale.</p> <p>Recommendations:</p> <ul style="list-style-type: none"> <li>• Get 7 to 8 hours of sleep each night.</li> <li>• Avoid operating heavy machinery when tired.</li> <li>• Balance work and rest, staying active but resting when needed.</li> </ul> <p>Talk to your care team if you have:</p> <ul style="list-style-type: none"> <li>• Shortness of breath</li> <li>• Dizziness</li> <li>• Fast or abnormal heartbeats</li> <li>• Severe headache</li> </ul>
Diarrhea	<p>Description: Diarrhea is when you have loose, watery bowel movements more often than usual. The need to use the bathroom may occur urgently.</p> <p>Recommendations:</p> <ul style="list-style-type: none"> <li>• Keep track of how many times you go to the bathroom each day.</li> <li>• Drink 8 to 10 glasses of water or other fluids every day, unless your care team tells you otherwise.</li> <li>• Eat small meals of mild, low-fiber foods like bananas, applesauce, potatoes, chicken, rice, and toast.</li> <li>• Avoid eating foods with high fiber (like raw vegetables, fruits, and whole grains), foods that cause gas (like broccoli and beans), dairy foods (like yogurt and milk), and spicy, fried, and greasy foods.</li> <li>• Your care team may recommend medicine (such as loperamide) for diarrhea.</li> </ul> <p>Talk to your care team if you have:</p> <ul style="list-style-type: none"> <li>• 4 or more bowel movements than normal in 24 hours</li> <li>• Dizziness or lightheadedness while having diarrhea</li> <li>• Bloody diarrhea</li> </ul>

Liver Problems	<p>Description: Treatment can harm your liver. This may cause nausea, stomach pain, and bleeding or bruising. It can also turn your skin and eyes yellow and make your urine dark. Lab tests may be performed to monitor liver function.</p> <p>Talk to your care team if you have:</p> <ul style="list-style-type: none"> <li>• Yellowing of your skin or the whites of your eyes</li> <li>• Severe nausea or vomiting</li> <li>• Pain on the right side of your stomach area (abdomen)</li> <li>• Dark urine (tea colored)</li> <li>• Bleeding or bruising more easily than normal</li> </ul>
Changes in Electrolytes and Other Laboratory Results	<p>Description: Treatment may cause decreased blood levels of albumin, potassium, and sodium. It may also cause increased blood levels of lactate dehydrogenase (LDH). Your care team will do blood tests to check you for these changes and will treat you if needed.</p> <p>Talk to your care team if you have:</p> <ul style="list-style-type: none"> <li>• Puffiness or swelling in your ankles, legs, or stomach.</li> <li>• Muscle stiffness or muscle spasms</li> <li>• Irregular or fast heartbeats</li> <li>• Shortness of breath or trouble breathing</li> <li>• Constipation, nausea, and loss of appetite</li> <li>• Extreme tiredness</li> <li>• Confusion, headaches, or disorientation</li> <li>• Fainting or near-fainting spells</li> </ul>
Infusion Reactions	<p>Description: An infusion reaction is a bad response that happens during or not long after getting medicine into a vein.</p> <p>Get medical help right away if you develop any of the following symptoms of infusion reaction during or after your infusion:</p> <ul style="list-style-type: none"> <li>• Chills or shaking</li> <li>• Itching, rash, or flushing</li> <li>• Trouble breathing or wheezing; tongue-swelling</li> <li>• Dizziness or feeling faint</li> <li>• Fever of 100.4°F (or 38°C) or higher</li> <li>• Pain in your back or neck</li> </ul>

## Select Rare Side Effects

Side Effect	Talk to Your Care Team if You Have Any of These Signs or Symptoms	
Heart Problems	<p>Zanidatamab may cause serious and life-threatening heart problems that may lead to death. Your healthcare provider may check your heart function before you start treatment and as needed during your treatment.</p> <ul style="list-style-type: none"> <li>Swelling of your stomach-area (abdomen), legs, hands, feet, or ankles</li> <li>Shortness of breath</li> <li>Nausea or vomiting</li> <li>New or worsening chest discomfort, including pain or pressure</li> <li>Weight gain</li> <li>Pain or discomfort in your arms, back, neck, or jaw</li> <li>Protruding neck veins</li> <li>Breaking out in a cold sweat</li> <li>Feeling lightheaded or dizzy</li> </ul>	
Lung Problems	<ul style="list-style-type: none"> <li>Cough</li> <li>Shortness of breath</li> </ul>	<ul style="list-style-type: none"> <li>Chest pain</li> </ul>

**Before starting treatment, ask your care team when to call 9-1-1 or seek emergency help.**

**If you experience any new, worsening, or uncontrolled side effects, contact your care team immediately.**

## Intimacy, Pregnancy, and Breastfeeding

- Treatment may **change how you feel about intimacy and your body**. However, physical closeness—such as holding hands and hugging—remains safe. It is common to have questions about intimacy. If needed, talk to your care team for guidance.
- Treatment may **harm an unborn baby**.
  - If you are able to become pregnant, take a pregnancy test before starting treatment.
  - Use an effective method of birth control during treatment and for 4 months after your last dose.
  - If you think you might be pregnant or if you become pregnant, tell your care team right away.
  - If your partner(s) could become pregnant, use an effective method of birth control—such as condoms—during treatment.
- Do NOT breastfeed** during treatment and 4 months after your last dose.

## Additional Information

- Tell your care team about all the medicines you take.**  
This includes prescriptions, over-the-counter drugs, vitamins, and herbal products. Before starting any new medicine, supplement, or vaccine, ask your care team first.
- This Patient Education Sheet may not describe all possible side effects.**  
Call your healthcare provider for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

Notes

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Scan the QR code below to access this education sheet.



Important notice: The Association of Cancer Care Centers (ACCC), Hematology/Oncology Pharmacy Association (HOPA), Network for Collaborative Oncology Development & Advancement, Inc. (NCODA), and Oncology Nursing Society (ONS) have collaborated in gathering information for and developing this patient education guide. This guide represents a brief summary of the medication derived from information provided by the drug manufacturer and other resources.

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